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Bikini-Season Quick Fixes
SUMMER'S HERE! THE LATEST IN LAST-MINUTE FAT-FIGHTING "SCIENCE." BY BETH LANDMAN

Product	What it is	Claim	Lag time	Price	Drawback
CARBOXY	Injectations of carbon dioxide into fat pockets.	According to Jennifer Bengel of Wellpath on Madison Avenue, "the carbon dioxide is literally poisonous to the fat."	One week to start to see improvement.	\$150 per area.	"You could feel pressure for about twenty seconds because we are basically inflating you," says Bengel. (Dish, which is a questionable goal.)
THE TITAN	Thirty-minute session with a "broad-spectrum infrared lamp."	"Causes links between collagen molecules to break, which makes collagen molecules disoriented," says cosmetic dermatologist Dr. Neil Sadick. "They shrivel, which results in an immediate tightening of the tissue and contouring."	None!	\$1,500 per session.	You might feel like you're a premade order of fries at McDonald's.
THE E-MAX	Radio frequency, laser, and infrared combination.	Tightens the skin and increases collagen production, which plumps out uneven texture—appearance will be tighter and smoother after one treatment, according to cosmetic dermatologist Dr. Howard Sobel.	One month.	\$1,000 per treatment.	Two sessions would pay for a summer share.
CAUDALIE ESSENTIAL SLIMMING SERUM	Essential oils including grape seed and juniper berry.	Breaks down fat cells.	French women lost two inches off the hip area in 30 days, according to the company's study.	\$35.	You may smell like wine or a gym-and-tonic. And can we trust French women, who claim to lose weight by eating fave grass?
CHE ALGINATE	Brown seaweed that expands in your stomach.	It's apparently Germany's best-selling natural appetite suppressant. You can lose five to ten pounds in a week with no side effects, says importer Dr. Garcia-Rep.	One week.	\$65 for two-week supply.	You may be thin and have no diet-pill jitters, but a stomach full of brown algae could have you running to the loo.

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